

The Red Eggs of Greek Easter

How Greek families dye, crack, and share red eggs every Easter.

Dyed Red On Holy Thursday

On Holy Thursday, Greek households boil eggs and dye them deep red, often with red onion skins, then polish the shells with olive oil for shine.

Source: [The Greek Foodie](#)

Red For The Blood Of Christ

The red dye represents Christ's blood shed at the crucifixion, and cracking the shell symbolizes the sealed tomb opening at the Resurrection.

Source: [Hellenic Museum Australia](#)

Eggs Appear After Midnight Mass

Families break their Lenten fast just after midnight on Holy Saturday, following the Anastasi service, sharing red eggs and soup at the table.

Source: [The Greek Foodie](#)

Tsougrisma: A Table Wide Duel

Players tap egg tips together saying Christos Anesti and Alithos Anesti; whoever holds the last uncracked egg at the table is said to have luck all year.

Source: [Hellenic Museum Australia](#)

Always An Odd Number

Greek households traditionally dye an odd number of eggs for the basket, since an odd count is considered luckier than an even one.

Source: [The Greek Foodie](#)

An Orthodox Custom From Mesopotamia

Historians trace the red egg custom to early Orthodox Christians in Mesopotamia, from where it spread through the Orthodox Church across the Mediterranean and Europe.

Source: [Hellenic Museum Australia](#)

IN SHORT

From Greek Easter tables to Multan mornings, a good egg still means fresh starts and a meal worth gathering the family for.

References

1. [The Greek Foodie](https://thegreekfoodie.com/greek-red-easter-eggs/) <https://thegreekfoodie.com/greek-red-easter-eggs/>
2. [Hellenic Museum Australia](https://www.hellenic.org.au/post/kokkina-avga) <https://www.hellenic.org.au/post/kokkina-avga>
3. [The Greek Foodie](https://thegreekfoodie.com/greek-red-easter-eggs/) <https://thegreekfoodie.com/greek-red-easter-eggs/>
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5. [The Greek Foodie](https://thegreekfoodie.com/greek-red-easter-eggs/) <https://thegreekfoodie.com/greek-red-easter-eggs/>
6. [Hellenic Museum Australia](https://www.hellenic.org.au/post/kokkina-avga) <https://www.hellenic.org.au/post/kokkina-avga>

